



Adaptive Immunity and Environmental Challenges in African Sharptooth Catfish

Tokiyamasi Manomi*

Department of Ocean and Fisheries Sciences, Tokyo University of Agriculture, Tokyo, Japan

DESCRIPTION

The African sharptooth catfish (*Clarias gariepinus*) is an air-breathing freshwater species known for its adaptability and resilience in a wide range of environmental conditions. This species is indigenous to Africa and parts of the Middle East, where it thrives in diverse aquatic habitats such as rivers, lakes, swamps and floodplains. The survival of this species in various environments is closely tied to its immune response, which plays a significant role in its ability to resist diseases and adapt to different stressors. This article will delve into the immune mechanisms of African sharptooth catfish and how these contribute to its survival in often challenging environments.

The immune system of the African sharptooth catfish is composed of both innate and adaptive components, which together provide a robust defense against pathogens. The innate immune system is the first line of defense, offering a rapid response to infections. It includes physical barriers, cellular components and humoral factors. The adaptive immune system, though slower to respond, is more specific and has the ability to remember previous encounters with pathogens, providing long-term protection. The innate immune system of the African sharptooth catfish is highly developed, allowing it to survive in environments that are often contaminated with various pathogens. The skin and mucous membranes serve as physical barriers that prevent the entry of harmful microorganisms. The mucous layer, in particular, contains antimicrobial peptides and enzymes that neutralize potential threats.

At the cellular level, the innate immune system comprises various types of white blood cells, including macrophages, neutrophils and natural killer cells. These cells play a key role in identifying and eliminating pathogens. Macrophages and neutrophils are involved in phagocytosis, a process in which they engulf and digest foreign particles, including bacteria and viruses. Natural killer cells are responsible for destroying infected or abnormal cells, thereby preventing the spread of infections. Humoral factors, such as complement proteins and cytokines,

are also integral components of the innate immune system. Complement proteins assist in the elimination of pathogens by enhancing phagocytosis and promoting inflammation. Cytokines, on the other hand, act as signaling molecules that regulate immune responses, ensuring a coordinated defense against infections.

The adaptive immune system of the African sharptooth catfish is characterized by its specificity and memory. It consists of lymphocytes, including T cells and B cells, which are responsible for recognizing and responding to specific antigens. Upon encountering an antigen, B cells produce antibodies that target the pathogen, neutralizing it and marking it for destruction by other immune cells. T cells, on the other hand, either directly destroy infected cells or help regulate the activity of other immune cells. One of the remarkable features of the adaptive immune system is its ability to remember previous encounters with pathogens. This immunological memory allows the African sharptooth catfish to mount a more efficient and rapid response upon subsequent exposures to the same pathogen, thereby enhancing its chances of survival. The African sharptooth catfish is often exposed to a variety of environmental stressors, including temperature fluctuations, hypoxia, pollutants and high microbial loads. These stressors can have an extreme impact on the immune system, either by enhancing or suppressing its activity.

Temperature is a vital factor influencing the immune response of African sharptooth catfish. As a poikilothermic organism, its body temperature varies with the ambient environment, affecting its metabolic rate and immune function. Studies have shown that moderate temperature increases can enhance immune responses by accelerating the activity of immune cells and the production of antibodies. However, extreme temperature fluctuations can lead to immune suppression, making the fish more susceptible to infections. Hypoxia, or low oxygen levels, is another environmental challenge that the African sharptooth catfish frequently encounters, especially in stagnant or overpopulated waters. This species is well-adapted to hypoxic conditions, thanks

Correspondence to: Tokiyamasi Manomi, Department of Ocean and Fisheries Sciences, Tokyo University of Agriculture, Tokyo, Japan, E-mail: Tokiyamasi@manomi.jp

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to its ability to breathe air using a specialized suprabranchial organ. Nevertheless, hypoxia can still impose stress on the immune system. Under hypoxic conditions, the immune response may be compromised due to reduced oxygen availability, which is necessary for the optimal functioning of immune cells. Hypoxia can lead to the production of Reactive Oxygen Species (ROS),

which, in excessive amounts, can cause oxidative stress and damage to immune cells. However, the African sharptooth catfish has evolved mechanisms to mitigate these effects, such as the upregulation of antioxidant enzymes that neutralize ROS and protect immune cells from damage.