



## Presentation and Treatment of Attention Deficit Hyperactivity Disorder

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### DESCRIPTION

Attention Deficit Hyperactivity Disorder (ADHD) is a typical behavioral disease of childhood that impairs a child's capacity for organization, focus, and task completion. They frequently make snap decisions and are quickly side-tracked. Although this kind of behaviour is typical in kids, ADHD is distinguished from typical kids by the persistence of symptoms and how it interferes with the child's social and academic development. Inattention (lack of focus), hyperactivity (restlessness), and impulsivity are the three main symptoms of ADHD. The severity of symptoms varies from child to child, but ADHD is categorized as Predominantly Inattentive, Predominantly Hyperactive, or Combined depending on the dominating symptoms.

Although it is unknown what causes attention-deficit/hyperactivity disorder, the condition frequently runs in families. ADHD seems to have a hereditary and neurological foundation. The mostly inattentive form of ADHD typically manifests in adults throughout infancy and adolescence. Since they were frequently side-tracked and turned in unfinished work, they probably received reprimands in elementary or middle school. However, because kids with this type of ADHD are typically not hyperactive, the condition might not have been identified until the child or adolescent years or even into adulthood. For girls and women with inattentive ADHD, this is especially true. Girls with the disease may be more reserved and submissive than those without it, which prevents them from standing out in the classroom.

Sometimes adult women don't get diagnosed with ADHD until one of their kids does. They might then discover resemblances in their own behavioral patterns and seek expert assistance. In addition to environmental toxins, alcohol and tobacco use during pregnancy, premature birth, and low birth weight,

researchers are looking into environmental trauma (the personal and social interpretation of trauma and responses to the trauma) and other issues related to pregnancy or early life exposure. There are nine symptoms connected to inattention, according to the diagnostic criteria of the American Psychiatric Association. Even though almost everyone occasionally struggles with their attention, those with ADHD who present with a mainly inattentive pattern usually encounter the following signs.

Their regular functioning at work, with family, or in social situations may be impeded by these symptoms. The following nine symptoms are linked to ADHD's mostly inattentive presentation. Makes thoughtless errors or pays little attention to details when working or performing other duties. Frequently struggle to plan activities or tasks (misses deadlines, disorganized work). They are prone to distraction. Frequently ignores directions or is unsuccessful in completing tasks, responsibilities, or other obligations. Often forgets to perform necessary tasks (like paying bills, returning phone calls, keeping appointments). Frequently misplaces things essential to finish projects or activities. Even when addressed to directly, doesn't seem to be paying attention

Adults with ADHD may manifest primarily as inattentive symptoms. Experience five or more of these symptoms, and they are severe or persistent. Possess no additional mental illness that might be the source of these symptoms. Possess minimal to no signs of impulsivity or hyperactivity. There are no recognized preventative measures to lower the prevalence of ADHD at this time. Early diagnosis and treatment, however, can lessen the severity of symptoms, lessen the impact of behavioral symptoms on academic performance, promote a child's normal growth and development, and enhance the quality of life for kids or teenagers with ADHD.

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