Dear members of the Movement for Global Mental Health

This is the fourth monthly summary of the activities of the Movement, sent to members who signed up to receive these updates. As of January 31st, the Movement now has nearly 500 members; four more institutions signed up in January (the Institute of Psychiatry, UK; the Mon Foundation, India; PHC, Netherlands; and Manas, India) taking the total of partner institutions to 46. We still have some way to go to reach our target of 1000 members and 100 institutions by the time of the Global Mental Health Summit! Please keep the momentum going by encouraging your colleagues and institutions to join up. We have seen a few new submissions, for example 3 new human rights

stories. The site also has a new submission portal for news or articles on advocacy related activities. Do take a look at the 'featured study' on the research pages which features a new study each month along with an annotation on its main findings. We have recorded 16000+ hits in January, more than the total number of hits in our first two months; this works out to 500 hits a day. The site now appears near the top of the list of search results for 'global mental health' in google.

Two important news updates for this month:

- 1) The program of the Global Mental Health Summit is coming together well with several submissions now having been made. We are excited that we have confirmed the participation of three outstanding keynote speakers who have been invited to bring in a perspective of global health movements to our cause. They are Zulfiqar Bhutta, a paediatrician from Pakistan who has spearheaded efforts to scale up child health interventions in developing countries; Anand Grover, a human rights lawyer from India who is new UN Rapporteur for Health and Human Rights; and Zackie Achmat, the South African founder-president of the iconic Treatment Action Campaign for HIV/AIDS from which our Movement draws so much inspiration. You can still propose speakers and topics for any of the 3 sessions and don't forget to register through the WFMH website link on www.globalmentalhealth.org
- 2) Martin Prince has set up a Movement for Global Mental Health Facebook Group at

http://www.facebook.com/group.php?gid=44154737699

We would be very grateful if as many of you as possible could join. If you are already registered with Facebook this takes just one click. If not, you will need to register on Facebook first, which takes just a couple of minutes. Once you have done so, you and other members will be able to

leave some messages (called 'wall posts')
set up a discussion group or two,
post information about forthcoming events
post pictures and videos
post links to other relevant websites
interact with other Movement members, network, and invite new others to join up

Our hope is that the new Facebook Group will be entirely complementary with the main MGMH website (www.globalmentalhealth.org). Facebook has 150 million members, so if we capture the attention of just a very small proportion, we may give a very significant boost to our membership. Facebook provides unrivaled opportunities for social working – friends have friends, and friends of friends so messages can be quickly and widely disseminated. The main Movement website will soon have a discussion board. However, the Facebook set up is very informal, and we hope that we may tap in to more of the 'Vox Pop' through this medium, both through posts and discussions. We look forward to seeing you online. Please make sure, when you join, that you participate actively in the group. The livelier and more interesting the content, the more likely it is that others will be attracted to it, and will join us in the Movement.

Remember, you can submit news stories related to global mental health (for e.g. new reports or events) by emailing to news@globalmentalhealth.org (or through the website).

(summary was prepared by Vikram Patel. Suggestions and comments, and volunteers to write these summaries, should be sent to submissions@globalmentalhealth.org)