

Perspective

## Comprehensive Overview of the Benefits and Drawbacks of Beach Nourishment

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## DESCRIPTION

The estuaries that combine fresh and salt water give a wealth of nutrients for marine life, making the shoreline and its surrounding areas, both on and off shore, an essential component of a local ecology. It is easier to understand which human activities are impacted by specific coastal challenges or impacts by looking at coastal and marine human activities. Subcategories range from coastal defense or heritage preservation to coastal urban development, aquaculture, or maritime transportation.

Beach nourishment is the technique of pumping or dumping sand from another location onto an eroding shoreline in order to widen or construct a new beach. A beach is an unsteady ecosystem where plants and animals are subject to varying, possibly harsh conditions. Some tiny creatures dig tunnels in the sand to eat the debris that the waves have left behind. They are eaten by shorebirds, crabs, and insects. Some tern species, like the Piping Plover, which is endangered, rely on beaches for nesting. Furthermore, sea turtles use ocean beaches to lay their eggs. On parts of the beach and dunes that have not been altered, sea grasses and other beach vegetation flourish.

When the weather is warm and bright, many beaches are highly crowded. Despite its reputation for uncertain and wet summers, many people swarm to beaches like Joss Bay beach in southern England. Even the period's all-covering beachwear was regarded as impolite, thus many well-known beach resorts in the Victorian era featured bathing machines. Numerous Muslim nations still uphold this societal norm. The opposite of this are top free beaches and nudist beaches, where clothing is either not required or not allowed. In most nations, social norms on a beach in hot weather differ greatly from those in nearby locations where the same behavior might not be accepted.

It's also common to take a stroll down the beach, even if it's a long stretch, for example, going from one coastal resort to another. Due to the delightful sensation of sand on their soles and in between their toes, people frequently go barefoot on the beach when and where the sand is not too hot. Near the shoreline, where the sand is moist and more comfortable to walk in, are often the greatest beaches walking spots. Additionally, it's fun to walk barefoot in the water. Revenues from tourism may be severely impacted if this designation is subsequently lost. The usage of beach cleaners and other clean-up initiatives are required since beaches frequently turn into dumping places for trash and garbage due to their popularity as tourist destinations. Even in wealthy nations, sanitary sewer overflow can occasionally force the closure of a beach, which is more relevant given that many beaches in undeveloped nations serve as a zone for the dumping of untreated sewage. Waterborne disease from fecal pathogens and pollution of particular marine species are common outcomes in these situations of marine discharge.

The recreational beach is revitalized and widened by nutrition. As long as the extra sand is present, structures behind the shore are safeguarded. When erosion persists, beach nourishment does not leave dangers on the shoreline or in the surf zone. Comparing this to "hard" beach stabilization constructions like seawalls or groynes, there are many advantages. Although seawalls sometimes result in a narrower beach in front of the wall, they may protect structures behind the beach. If the seawall is breached by erosion, wall debris will be left on the beach and in the waves. No debris is left behind when the beach erodes since beach nourishment simply adds sand to the shore.

When compared to the natural sand on the beach, beach nourishment sand frequently erodes more quickly. In general, nourished beaches degrade two to three times more quickly than unnourished beaches. But there are big variations in erosion rates. The amount of storms that hit the beach is the main determinant in determining how long a nourished beach will last. In the same way that storms can come and go without warning, so can beach life. The new beach width is determined by the sand placement strategy and the amount of sand added per yard of beach length. Longer-lasting beaches are wider and better-fed.

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