Opinion Article

Comprehensive Analysis of Global Health Economy and Impact of Antimicrobial Resistance

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DESCRIPTION

Antimicrobial Resistance (AMR) has emerged as one of the most pressing challenges for global health systems. AMR occurs when microorganisms, such as bacteria, viruses, fungi and parasites, develop resistance to the drugs designed to treat them. As a result, infections become more difficult and in some cases, impossible to treat, leading to prolonged illnesses, higher medical costs and an increased risk of death. The economic burden of AMR is substantial, with impacts that extend beyond healthcare costs to broader societal and economic consequences. As AMR continues to spread, the potential for a post-antibiotic era, where routine medical procedures become riskier and more expensive, threatens global economic stability.

The most immediate and direct economic impact of AMR is seen in healthcare systems. Infections caused by resistant pathogens require more intensive and prolonged treatment regimens, leading to higher treatment costs. These infections often require the use of more expensive drugs, longer hospital stays, additional diagnostic testing and sometimes the need for surgical interventions. Patients with Multidrug-Resistant Tuberculosis (MDR-TB) require more costly second-line antibiotics and longer treatment durations compared to those with drug-susceptible strains, significantly increasing the cost of care. A similar pattern is observed in infections like pneumonia, urinary tract infections and sepsis, where resistant strains lead to longer hospital stays and the need for alternative, often more expensive treatments.

AMR directly contributes to increased morbidity and mortality rates. As infections become harder to treat, the probability of treatment failure rises, leading to longer recovery times, complications and higher rates of mortality. This not only increases healthcare costs but also reduces workforce productivity due to prolonged illness, disability, or premature death resistant infections can result in extended hospital admissions for critical care, intensive monitoring and specialized medical interventions, all of which increase the overall financial

burden on healthcare providers. The increase in premature deaths caused by resistant infections further compounds the issue, as it diminishes the workforce, reduces economic productivity and imposes emotional and social costs on families and communities.

Health systems around the world are increasingly strained by the growing prevalence of AMR. In Low- and Middle-Income Countries (LMICs), where access to healthcare resources is often limited, the economic impact of AMR is particularly severe. Inadequate healthcare infrastructure, limited access to quality antibiotics and weak infection control practices contribute to the rapid spread of resistant pathogens. The financial strain on health systems in these regions is further exacerbated by the increased demand for more advanced diagnostics, treatments and hospital infrastructure. Moreover, the cost of treating AMR infections diverts resources from other essential healthcare services, including preventive care, maternal and child health and vaccination programs. In many cases, the health system's budget is overwhelmed by the need to respond to AMR, leading to reduced capacity to address other public health concerns.

Beyond the healthcare sector, AMR has significant economic consequences for national and global economies. The increased cost of medical care due to resistant infections leads to a loss in productivity, as workers spend more time ill or are unable to contribute to the economy. Additionally, industries such as agriculture, food production and tourism may experience indirect economic losses as AMR disrupts supply chains, increases costs and reduces consumer confidence. The use of antibiotics in livestock contributes to the spread of resistant bacteria, which can enter the human food supply and further exacerbate AMR. This not only leads to higher food prices but also impacts the livelihoods of farmers and food producers who must adopt more stringent practices to prevent the spread of resistant pathogens. The global economy as a whole will be impacted by AMR, particularly in terms of lost productivity and reduced economic growth.

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Improved antimicrobial stewardship in healthcare settings to promote the responsible use of antibiotics is critical. This includes ensuring antibiotics are prescribed only when necessary, using the right drug at the correct dosage and avoiding the misuse of antibiotics in both human and veterinary medicine. Increased investment in research and development a new antibiotics, vaccines and diagnostic tools is essential to combat AMR. Governments and private sectors must increase funding for research and incentivize the development of new treatments. Public-private partnerships can play a key role in fostering innovation and accelerating the availability of new drugs. Strengthening surveillance and monitoring global surveillance systems must be enhanced to track the spread of resistant pathogens and monitor the effectiveness of antimicrobial interventions. This data is vital for shaping policy,

directing resources and understanding the scope of the AMR problem.

Improved infection control practices strengthening infection prevention and control measures in healthcare facilities can reduce the spread of resistant infections. These measures include hygiene protocols, isolation procedures for patients with resistant infections and ongoing staff training. Public awareness campaigns. Raising public awareness about the dangers of misuse and overuse of antibiotics is crucial for reducing the demand for unnecessary prescriptions. Public education campaigns can help reduce the pressure on healthcare providers to prescribe antibiotics unnecessarily and promote alternative treatments.