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## Energy alterations and chakras energy deficiencies as underlying cause of tremors

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Essential tremor (ET) is a nervous system disorder causing involuntary and rhythmic shaking. In traditional Chinese medicine, tremors could be caused by energy deficiencies leading to internal Heat and Wind formation responsible for the tremors. The purpose of this study is to demonstrate that patients with ET have an energy and chakras energy deficiency and the correction of these imbalances and replenishment of these chakras energy deficiency is important to treat this kind of patients. The methodology used was based on five clinical case reports, two adolescents, one young adult, and two older people. All of them complained of a mild tremor in their hands. In adolescents the main cause was excessive use of computers and cellphones; in young adults was due to excessive use of psychotropic medications; in older patients, the tremor appeared after implantation of the dental implant. All of them did the chakra's energy measurement through the radiesthesia procedure and all the energy in these chakras was completely depleted in energy. The treatment was done by rebalancing the internal energy through Chinese dietary nutrition, auricular acupuncture with apex ear bloodletting, and replenishment of the chakra energy deficiency through highly diluted medications. Findings: All patients improved a lot in the ET with the treatment done. Conclusion: Through these case reports it is possible to observe the effectiveness and importance of considering energy imbalances during diagnosis and treatment of ET. Therefore, to treat correctly the tremor on the hands, we must treat the patient as a whole, observing his emotions, diet, type of medication that the patient is using, the use of electromagnetic devices, and the use of metal implants in the body, that could be the factors leading to energy deficiencies.

### Biography

Huang Wei Ling, was born in Taiwan, raised in Brazil since the age of one, graduated in medicine in Brazil, specializing in infectious and parasitic diseases, General Practitioner, Parenteral and Enteral Medical Nutrition Therapist, Acupuncture and Pain Management Practitioner. Since 2007, she has been disseminating the knowledge of Oriental medicine, especially traditional Chinese medicine, in various places around the world, in the treatment of the various pathologies of the human body. Owner of Medical Acupuncture and Pain Management Clinic.