

DENTISTRY & DENTAL MARKETING

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ORAL CARE & ORAL CANCER

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Evaluation of herbal preparation in management of oral submucous fibrosis

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Oral submucous fibrosis is a chronic debilitating disease and a well recognized potentially premalignant condition of the oral cavity, various medical and surgical modalities have been used but results are not satisfactory owing to recurrence, adverse effects and some worsening condition. Our study comprised of 30 patients attending the department of oral and maxillofacial surgery KG Medical University Lucknow, India. It was open-label randomized clinical trial 30 patients of clinically diagnosed cases of OSMF. The herbal preparation was made and given to the patients for oral rinse and gargle for 3-5 minutes twice a day for 4 months. Clinical evaluation was done every 15 days. Pre and post-interventional evaluation of biochemical parameter, serum antioxidant, MDA, SOD and Glutathione peroxidase were done, there was a marked improvement in clinical as well as biochemical parameters.

Biography

Vibha Singh has completed her graduation and post-graduation from KG Medical University, Lucknow in 1990 and 1994, working as professor in the same University. She has published 85 articles in reputed journals and serving as an editorial board member in many journals. She has a special interest in herbal medicine.

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